

Two Day Competent Person Class

Who is this class for?

This class is for anyone working at heights with high exposure, decision makers, and supervisors who will be responsible for answering questions about Fall Protection. All job sites should have at least one Competent Person present at all times.

What is a "competent person"?

"Competent person" defines one who is capable of identifying existing, and predictable, hazards in work surroundings, or conditions, which are unsanitary, hazardous, or dangerous, to employees; a "competent person" also has the authorization to take prompt correct measures to eliminate said conditions.

Does OSHA require your company to have a "competent person"?

The following OSHA standards require a "competent person" to perform specific functions under the following standards:

- General Industry Standards (1910)
1910.66 App C, Powered Platforms, Manlifts, and Vehicle-Mounted Work Platforms, Personal Fall Arrest System (Section I-Mandatory; Sections II and III-Non Mandatory).

Construction Standards (1926)

- 1926.500, Fall Protection, scope, application, and definitions applicable to this subpart.
- 1926.502, Fall Protection systems criteria and practices.
- 1926 Subpart M App C, Personal Fall Arrest Systems -Non-Mandatory Guidelines for Complying with 1926.502(d).
- 1926Subpart M App E, Sample Fall Protection Plan œ Non-Mandatory Guidelines for Complying with 1926.502(k).
- 1926.503, Fall Protection, Training Requirements.

Does ANSI require your company to have a "competent person"?

- ANSI Z359.2-2007 requires that a company provide competent persons to supervise authorized persons who are exposed to fall hazards

What are the advantages of attending a "competent person" class?

This class has all the information that a person will need to allow him/her to solve problems dealing with Fall Protection. It will also give that person confidence in knowing that he or she is making the right decision.

What does the "competent person" class entail?

At the beginning of the class, we will provide you with a manual. The first day we will present a PowerPoint presentation with hands on exercise. We will cover:

- Changes in the new ANSI Z359.0-4.2007 standards
- All parts of the Fall Protection hierarchy
- The four parts of a fall arrest system
- Inspection of Fall Protection systems
- Standards summary
- The proper donning of the harness

- Proper usage of the equipment
- How to maintain the equipment
- When and where the equipment is needed
- Confined space mechanical systems
- Basic rescue systems
- Pre-job planning, JSA's, and rescue plans

We also conduct hands-on exercises throughout the class, along with a Fall Protection demonstration in order to illustrate how the amount of arresting forces are generated, utilizing various types of lanyards. After the classroom segment is completed, the students will perform their Job Site Analysis before each climbing scenario is performed. Each scenario is documented and signed by the instructor and the student to ensure that they understand the proper technique. At the end of the class, we will issue a test to ensure the information is retained. At the conclusion of the class, we will issue a picture card certifying completion.

Where can "Safety Connection" perform the class?

We can instruct at your location if there is a safe climbing structure to perform our scenarios or the class can be taught at our indoor training facility in Baton Rouge, LA.